



# COUNSELOR'S CORNER

APRIL  
2025

YOUR QUARTERLY NEWLETTER FROM MRS. BRAUN!

## FRIENDSHIP TIPS

SCAN THE QR CODE FOR QUICK TIPS  
TO HELP YOUR CHILD NAVIGATE  
TRICKY SOCIAL SITUATIONS WITH  
CONFIDENCE.



"You are braver than you  
believe, stronger than you seem,  
and smarter than you think."

- A.A. Milne, "Winnie the Pooh"

## MINDFUL MINUTE ACTIVITY

THIS ACTIVITY IS CALLED BE A  
STATUE. HAVE YOUR CHILD SIT OR  
STAND STILL LIKE A STATUE. ASK  
THEM: WHAT CAN YOU FEEL IN  
YOUR BODY? (WIGGLES, TINGLES,  
HEARTBEAT, BREATHING, ETC.)  
AFTER 1 MINUTE, HAVE THEM TO  
SHAKE IT OUT AND SHARE WHAT  
THEY NOTICED!

## CURRENT FAV SEL BOOK!

LULI AND THE LANGUAGE OF TEA  
BY ANDREA WANG

LULI AND THE LANGUAGE OF TEA IS THE  
STORY OF A GIRL WHO USES TEA TO  
CONNECT WITH CLASSMATES WHO SPEAK  
DIFFERENT LANGUAGES. THROUGH THIS  
SIMPLE ACT, THE CHILDREN BOND &  
COMMUNICATE, SHOWING THE POWER OF  
KINDNESS.

## LET'S STAY IN TOUCH



[SBRAUN@TWINSBURGCSD.ORG](mailto:sbraun@twinsburgcsd.org)



330-486-2138